

### TO DEEP CLEAN EVERY ROOM:

- Vacuum corners of carpet, use vacuum wand
- Sweep corners of ceiling & walls, use clean broom
- Remove and wash light fixtures in kitchen sink with soapy water. Wash fan blades without removing.
- Wash doors and door knobs, with damp soapy cloth; wash light switches and outlets, with damp soapy cloth
- Wash moldings, with damp soapy cloth
- Wash walls, with damp soapy cloth
- Wipe down all furniture especially along molding/trim along bottom and sides

### TO DEEP CLEAN BEDROOMS:

- Put away ALL clothes
- Throw away all garbage, wash inside and outside of garbage can
- Clean under bed
- Clean out drawers
- Clean out closet
- Clean off dresser
- Change sheets, mattress pad & pillowcases on every bed, replace on bed
- Wash bed, the actual bed frame, with a wet cloth
- Wash door knobs, light switches
- Cobwebs removed
- Picture frames dusted
- Ceiling fans dusted
- Remove light fixture, wash in soapy water in Kitchen sink, dry, replace
- Doors and frames and walls spot cleaned
- Window sills and ledges damp wiped
- Knick-knacks and individually cleaned
- Furniture hand wiped
- Baseboards wet wiped, doorknobs and light switches washed
- Furniture and upholstery vacuumed-remove cushions and vacuum around area and corners
- Carpet edges vacuumed
- Move furniture and vacuum all areas using crevice tool for corners wall to floor
- This is the MOST important part, ready? ENJOY YOUR SPICK and SPAN TOTALLY CLEAN IN EVERY SPOT PERFECTLY ORGANIZED and DETAILED CLEAN BEDROOM. Feel proud of the super awesome job you did! Receive the Joy in your job well done. I love you and am Very Proud of you that you can clean your room to such a degree as this and that you can take such great care of your things. This is a way for you to show you are responsible, you have perseverance to get the job completed, you can create something to bring joy to yourself and others and you can do things to lift your self confidence. Thank you again!