



# Sanitation Supplies Checklist

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## The PURPOSE of THIS CLASS

is to demonstrate how to provide emergency sanitation and options for the supplies you need.

## HUMAN WASTE DISPOSAL

- Luggable loo
- Toilet seat
- Peat moss
- Bucket for peat moss
- Toilet paper
- Garden spade
- Go girl/ bottle
- Cloth diapers/ 2-gal gama lid bucket

## BADAY KIT

- Single source spray bottle
- Soap & soap dish
- Hand sanitizer
- Plastic gloves
- Wash clothe
- Queen size sheet with hole in middle

## LUGGABLE LOO USE

- At home
- On the road

## TOILET FLUSHING TECHNIQUES

- Gravity flow toilets — 1 gal water
- Pressure toilets — 5-7 gal water

## HYGIENE KIT

- Hair care & styling
- Teeth & eye care
- Skin & nail care
- Make-up
- Sewing kit

## LAUNDRY KIT

- Glass wash board
- Hand agitator
- Gama lid bucket
- Lawn & leaf bag

- Hand wringer or step bucket
- Clothes line
- Clothes pins
- Laundry soap
- Lemon oil or bleach
- Felsnaptha soap
- Fabric softener
- Pre-wash

## MENSTRUATION

- Sea sponge tampons
- Glad rags
- Menstrual cup
- Laundry kit

## MEAL PREPARATION

- Thermal cooker
- Solar Cooker
- Butane or propane stove
- Alcohol or sterno stove
- Dutch ovens

## TYPES OF FOODS

- Dehydrated
- Freeze-dried
- Instant
- Canned

## COOKING FUELS

- Bio fuels
- Charcoal
- Propane/butane
- Sterno/alcohol
- 12 volt
- Solar/thermal

## GARBAGE DISPOSAL

- Recycle containers
- Recycle food
- Compost bucket
- Compost pile

## HEATING WATER

- Solar cooker or shower
- Fossil fuel
- Bio-fuel

## FOOD REFRIGERATION

- Radiant cooler
- Zeer pot
- 12 volt cooler
- Burlap cooler
- Portable ice maker

